



SPA SERVICE

Single Treatment

Balinese Massage, 50 minutes	US\$ 40
Foot Massage, 50 minutes	US\$ 30
Warm Stone Massage, 50 minutes	US\$ 45
Shirodara Massage, 50 minutes	US\$ 50
Traditional Facial, 50 minutes	US\$ 40

Manicure – Pedicure

Nail Care is an essential element of personal grooming, adding confidence and pride to your appearance. This treatment softens the skin and stimulates nail growth.

Manicure, 60 minutes	US\$ 20
Pedicure, 60 minutes	US\$ 25
French Manicure, 60 minutes	US\$ 27
French Pedicure, 60 minutes	US\$ 30

Rates are subject to 21% Government Tax and Service Charge



Body Treatment

Each treatment begins with a floral foot bath followed by an aromatherapy flower bath and herbal tea.

Traditional Balinese massage, 80 minutes US\$ 50

Handed down over the centuries, a full body massage using aromatherapy oil to strengthen and heal your body. This massage combines stretching, long strokes, skin rolling and palm and thumb pressure techniques. It will relieve tension, improve blood flow, ease stress and calm your mind.

Foot massage, 80 minutes US\$ 40

In a world where all we do is stand, run, walk and lift – our feet support us the entire way. Our feet relate directly to all our body parts and functions. After your foot massage you will feel relaxed, tensions eased and you will experience renewed energy flows throughout your body.

Warm stone massage, 80 minutes US\$ 55

The healing power of touch combines with the energy of the earth in this relaxing, muscle melting massage. This technique uses smooth warmed up volcanic rocks, gliding across your body in long flowing strokes. The stones are placed on strategic energy points to ease tension and muscular aches.

Ayurvedic Shirodhara, 80 minutes US\$ 60

Derived from Sanskrit, the word Ayurveda comprises the words *āyus*, meaning 'life' and *veda*, meaning 'science'. Shirodhara is one part or feature of the ancient Hindu holistic medical practice of Ayurveda. "Shirodhara" is a Sanskrit word combining two other words - "shiro" meaning "head", and "dhara" meaning "flow".

Shirodhara treatments feature the steady streaming of warm, fragrant oil onto the "third eye" on your forehead. Shirodhara is a very relaxing treatment that leaves you feeling both calm and clear headed. It is supposed to harness the flow of energy around your body, truly an uplifting and inspiring experience.

Traditional facial, 80 minutes US\$ 50

This treatment will **cleanse**, slough away the layer of dead skin cells and deep-clean pores to help prevent acne and dull skin. It will **balance** the different areas of facial skin, and improve the texture, general health and appearance; **rehydrate** (moisturise) and nourish your complexion. It will **tighten and brighten**, making you look younger, firmer, fresher and lovelier! Just having a facial will make you feel pampered, will leave you feeling relaxed and refreshed, and your skin feeling softer and cleaner.

Rates are subject to 21% Government Tax and Service Charge



Malkoha Spa Package

Spa energy, 110 minutes

US\$ 90

Start off with a floral foot bath, a symbolic cleansing to wash away your worldly cares and prepare you for total relaxation. Sink into a luxurious aromatherapy floral bath and enjoy herbal tea and cookies as you take time out to relax. Finally, enjoy a blissfully relaxing Balinese massage and your choice of a refreshing facial or foot massage.

Spa harmony, 110 minutes

US\$ 105

A delightful treatment that will leave you looking refreshed and radiant. Aromatherapy footbath ~ lavender body wash ~ choice of traditional body scrub ~ aromatherapy floral bath ~ traditional facial or Balinese massage.

Spa indulgence, 180 minutes

US\$ 120

An exotic, luxurious and unforgettable celebration of pure indulgence. Aromatherapy footbath ~ lavender body wash ~ choice of traditional body scrub ~ aromatherapy floral bath ~ warm stone massage ~ foot massage ~ refresher facial.

2 Days package

US\$ 125

Day 1 : Aromatherapy foot bath – Balinese massage, 60 minutes
Day 2 : Traditional facial

3 Days package

US\$ 140

Day 1 : Aromatherapy foot bath – Balinese massage, 60 minutes
Day 2 : Traditional facial
Day 3 : Aromatherapy foot bath, lavender body wash, traditional body scrub, 60 minutes

5 Days package

US\$ 185

Day 1 : Aromatherapy foot bath – Balinese massage, 60 minutes
Day 2 : Traditional facial
Day 3 : Aromatherapy foot bath, lavender body wash, traditional body scrub, 60 minutes
Day 4 : Spa Energy, 110 minutes
Day 5 : Manicure and pedicure, 2 hours

Rates are subject to 21% Government Tax and Service Charge



Tips & Terms

How to Spa

Wear whatever is comfortable, we will provide you with a sarong wrap.

Please put your personal belonging in the safety box at your villa before having your treatment.

Receiving a Massage, Body Treatment, or Facial

If it is your first time receiving a treatment these are some points, which might help you to have a truly positive and relaxing experience.

- ♥ For an all oil massage it is recommended that you remove all your undergarments.
- ♥ You will be properly draped and covered during your treatments.
- ♥ Please take a shower before and after receiving treatments.
- ♥ Let the therapist know if you are particularly enjoying a certain stroke and/ or movement, or if you find the pressure or touch too deep; otherwise refrain from talking, just relax and enjoy the massage.
** A guest who is pregnant or has health problem should inform the therapist before the treatment starts.
- ♥ Please remove your contact lenses or eyeglasses before your treatment.
- ♥ Drink plenty of water or juices after having treatments to help eliminate toxins.

Check-in Policy

- ♥ Please check in 15 minutes before your scheduled booking time to prepare for your treatments.

Cancellation Policy

- ♥ Cancellation less than 24 hours will incur 50% cancellation fee.
- ♥ Full charge will be imposed for "no show".